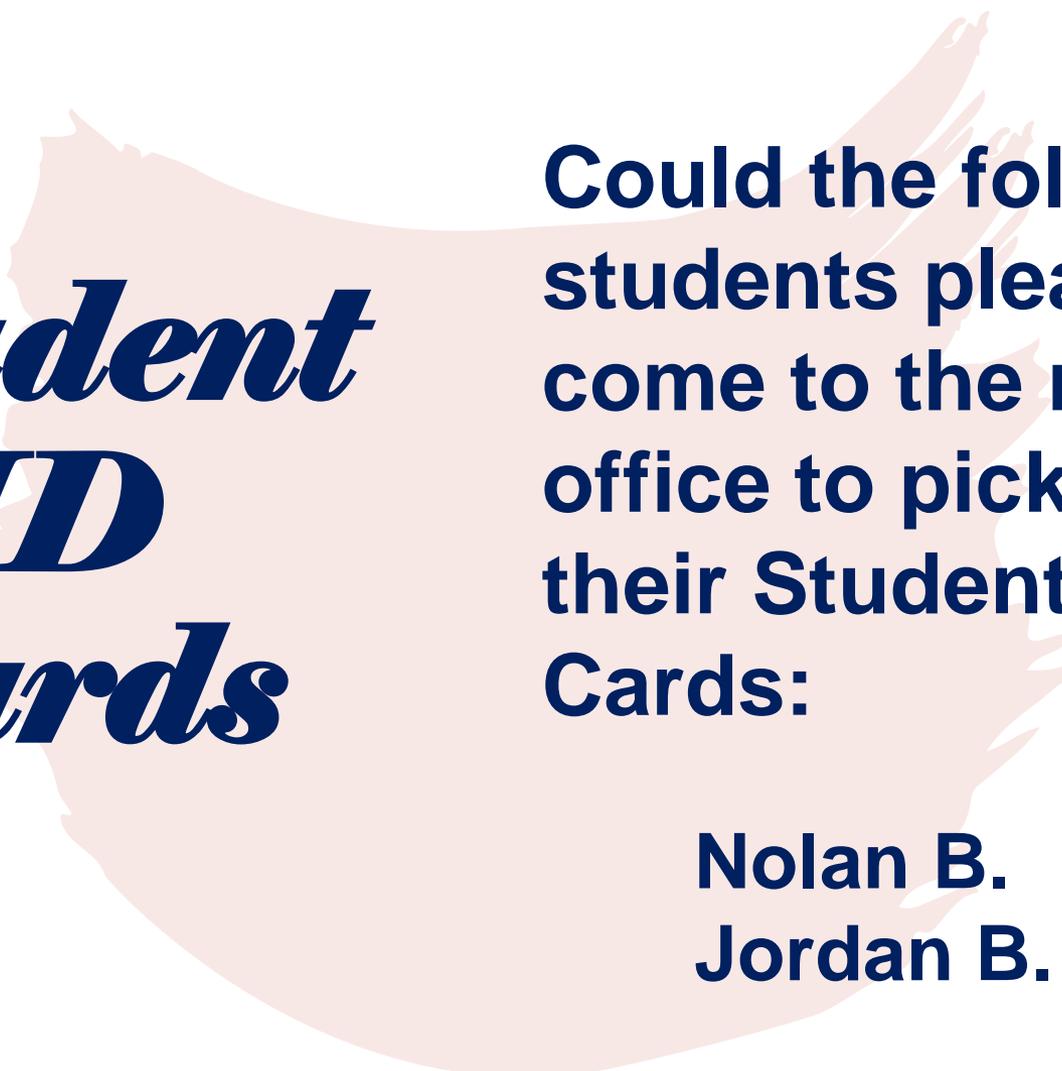




February 2022

# BELL SCHEDULE

PERIOD 1	7:59 am - 9:12 am
PERIOD 2	9:16 am - 10:29 am
FLEX	10:29 am - 10:58 am
PERIOD 3	11:02 am - 12:15 pm
LUNCH	12:15 pm - 12:55 pm
PERIOD 4	12:59 pm - 2:11 pm
PERIOD 5	2:15 pm - 3:27 pm



# ***Student ID Cards***

**Could the following  
students please  
come to the main  
office to pick up  
their Student ID  
Cards:**

**Nolan B.  
Jordan B.**



**fraserhealth**

Better health. Best in health care.

# **Immunization Make-up Day** **February 24**

**Reminder for grade 9's & grade 10's to drop off their completed Fraser Health consent forms at the office.**

**KODIAK  
Good Deeds**

- **The following students are asked to please come to the main office:**

**Nathan F.  
Marko D.**

# CLUBS



# Mountain Bikers

**To all mountain bikers interested in participating on the Heritage Woods Mountain Biking Team, there will be a meeting in the gym on Wednesday February 16<sup>th</sup> at lunch. Please see Mr. Castonguay if you cannot make it.**



Do **YOU** want to organize the next  
**MOVE4MANA** challenge?



**SIGN UP FOR IDS PHILANTHROPY**

**Why take the course?**

- Gain in leadership & communication skills
- Make a global impact
- Looks great on university apps!
- Meet and collaborate with like-minded student leaders

Interested or have questions?  
Come talk to Ms. Nunn in **room 109** to pick up an application form **AND** put IDS Philanthropy on your course request forms!

# KODIAK ATHLETICS



# Track + Field

**Who: Any athletes interested in competing in Track + Field this year for Heritage Woods**

**What: Information meeting**

**Where: Gym**

**When:  
Friday, Feb. 11<sup>th</sup>  
@ beginning of lunch**



# 2022 Fraser North Zone Wrestling Qualifier Results

Congratulations to the following students who competed at the Fraser North Zone Wrestling Qualifier.



Max O, 48 kg, Gold, 2022 Zone Champion  
Jonas M, 57 kg, Gold, 2022 Zone Champion  
Marcus L, 54 kg, Silver  
Nate M, 60 kg, Silver  
Alexandra L, 51 kg, Silver  
Andy W, 78 kg, Bronze  
Xavier L, 70 kg, Bronze  
Logan C, 63 kg, 4th  
Yashar J, 54 kg, 4th  
Micah B, 63 kg, 5th

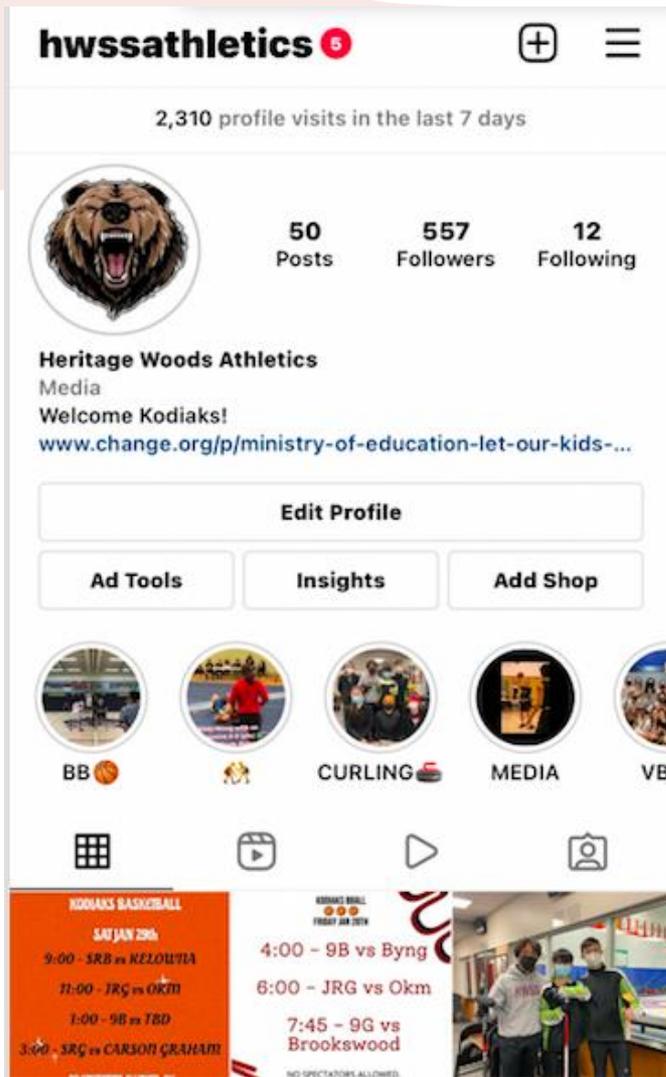
They have qualified to compete in the 2022 BC School Sports Wrestling Championships Feb 24 – 26 at the Pacific Coliseum. We wish them all good luck!

We also want to recognize that the Team Score for Boys won Second Place and the Aggregate Score won Third Place – both scores are the best placing for Heritage Woods in a Zone Qualifier - **CONGRATULATIONS!!!!**



# **Congratulations to the Heritage Woods Ski & Snowboard Team**

Boys snowboard team finished 3<sup>rd</sup> in the Fraser Valley championships and the Girls ski team won the Fraser Valley Championships. Individual honours go to Dang, who won the bronze medal in boys snowboarding, and Soniya T who won the silver in girls skiing. Well done!



## ***FOLLOW @HWSSATHLETICS***

- School-wide athletics account with wide range coverage on Kodiak athletes and teams
- Features: Livestreams, team tryouts info, game schedules, score updates, highlights, etc.
- FOLLOW @HWSSATHLETICS and keep up with all of the Kodiak Athletics!

# CAREER CENTER



# JOIN US!

THE SD43 CAREER & TRADES PROGRAM

## VIRTUAL INFORMATION SESSION

FEBRUARY 16th - 6:00PM

### LEARN ABOUT

- THE TRAIN IN TRADES PROGRAM
- THE WORK IN TRADES PROGRAMS
- Q&A ABOUT TRADES PROGRAMS

USE QR CODE TO  
ACCESS MEETING



e-mail [jhorvath@sd43.bc.ca](mailto:jhorvath@sd43.bc.ca) for more information